

Participant Statement

Read the following paragraphs carefully and fill in all blanks before signing.

This statement, which includes a Medical Questionnaire, Discover Scuba Diving Safe Practises Statement and a Liability Release, informs you of some potential risks involved in scuba diving and of the conduct required of you during the PADI Discover Scuba Diving programme.

Your signature is required to participate in the programme. If you are a minor, you must have the Participant Statement (which includes and acknowledges the Medical Questionnaire, Discover Scuba Diving Safe Practises Statement and a Liability Release) signed by your parent or guardian.

You will also need to learn from the PADI Professional the most important safety rules regarding breathing and equalization while scuba diving. Improper use of scuba equipment can result in serious injury or death. You must be thoroughly instructed in its use under the direct supervision of a qualified instructor to use it safely.

Medical Questionnaire

Scuba diving is an exciting and demanding activity. To scuba dive safely, you must not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with heart trouble, a current cold or congestion, epilepsy, asthma, a severe medical problem, or who is under the influence of alcohol or drugs, should not dive. If taking medication, consult your doctor before participating in this programme.

The purpose of this Medical history Questionnaire is to find out if you should be examined by a physician before participating in recreational scuba diving. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a pre-existing condition that may affect your safety while diving and you must seek the advice of a physician.

Please answer the following questions on your past and present medical history with a YES or NO. If you are not sure, answer YES. If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. Your PADI Professional will supply you with a PADI Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to a physician.

_____ Do you currently have an ear infection?

_____ Do you have a history of ear disease, hearing loss or problems with balance?

_____ Do you have a history of ear or sinus surgery?

_____ Are you currently suffering from a cold, congestion, sinusitis or bronchitis?

_____ Do you have a history of respiratory problems, severe attacks of hay fever or allergies, or lung disease?

_____ Have you had a collapsed lung (pneumothorax) or history of chest surgery?

_____ Do you have active asthma or history of emphysema or tuberculosis?

_____ Are you currently taking medication that carries a warning about any impairment of your physical or mental abilities?

_____ Do you have behavioural health, mental or psychological problems or a nervous system disorder?

_____ Are you or could you be pregnant?

_____ Do you have a history of colostomy?

_____ Do you have a history of heart disease or heart attack, heart surgery or blood vessel surgery?

_____ Do you have a history of high blood pressure, angina, or take medication to control blood pressure?

_____ Are you over 45 and have a family history of heart attack or stroke?

_____ Do you have a history of bleeding or other blood disorders?

_____ Do you have a history of diabetes?

_____ Do you have a history of seizures, blackouts or fainting, convulsions or epilepsy or take medications to prevent them?

_____ Do you have a history of back, arm or leg problems following an injury, fracture or surgery?

_____ Do you have a history of fear of closed or open spaces or panic attacks (claustrophobia or agoraphobia)?

Discover Scuba Diving Safe Practices Statement

These practices have been compiled for your review and acknowledgment and are intended to increase your comfort and safety in diving.

- I understand that upon completing the Discover Scuba Diving programme, I will not be qualified to dive independently without a certified professional guiding me.
- To equalize my ears and sinus air spaces, I will need to blow gently against pinched nostrils every few feet/one metre while descending.
- If I have a discomfort in my ears or sinuses during descent, I should stop my descent and alert my instructor.
- Underwater, I should breath slowly, deeply, continuously and never hold my breath.

- I should respect underwater life and not touch, tease or harass an underwater organism since it may harm me and/or I may harm it.
- I can seek further training from any PADI Dive Centre, Resort and Instructor to become certified to dive without a professional guide.

Statement of Risks and Liability

I (participant name), _____, hereby affirm that I am aware that skin and scuba diving have inherent risks which may result in serious injury or death.

I affirm I have read and understand the Safe Diving Practices and have had any questions answered to my satisfaction. I understand the importance and purposes of these established practices. I recognise they are for my safety and well being, and that failure to adhere to them can place me in jeopardy when diving.

I understand that diving with compressed air involves certain inherent risks; decompression sickness, embolism or other hyperbaric injury can occur that requires treatment in a recompression chamber. I further understand that this program may be conducted at a site that is remote, either by time or distance or both, from such a recompression chamber. I still choose to proceed with this program in spite of the absence of a recompression chamber in proximity to the dive site.

The information I have provided about my medical history on the Medical Questionnaire is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health conditions. I further understand that skin diving and scuba diving are physically strenuous activities and that I will be exerting myself during this programme.

I further state that I am of lawful age and legally competent to sign this Statement of Risks and Liability, or that I have acquired the written consent of my parent or guardian.

I understand and agree that neither the dive professionals conducting this programme, nor the facility (Liamis Dive Centre-M/V "APOLLON") through which this programme is conducted, nor PADI EUROPE AG, PADI International Ltd, nor PADI Americas, Inc., nor their affiliate or subsidiary corporations, nor any of their respective employees, officers, agents or assigns (hereinafter referred to as "Release Parties") accept any responsibility for any death, injury or other loss suffered or caused by me or resulting from my own conduct or any matter or condition under my control that amounts to my own contributory negligence.

In Absence of any negligence or other breach of duty by the dive professionals conducting this programme, the facility (Liamis Dive Centre- M/V APOLLON") through which this programme is offered, PADI Europe AG, PADI International Ltd, PADI Americas, Inc., and all released entities and release parties as defined above, my participation in this diving programme is entirely at my own risk.

I have fully informed myself of the contents of this Statement of Risks and Liability by reading it before signing it.

Participant Signature

Parent/Guardian Signature (where applicable)

Date _____
Day/Month/Year

Participant Information (please print clearly)

First name: _____ MI _____ Last name: _____

Date of birth: _____ Age: _____ Gender: male female

Home Address: _____

City: _____ Postal code: _____

Country: _____ Email: _____

Hotel: _____ Room number: _____

Date you fly back home: _____

EMERGENCY CONTACT INFORMATION

Name _____ Relationship _____ Phone _____

Flying After Diving Recommendations

1) For single dives within the no decompression limits, a minimum pre-flight surface interval of 12 hours is suggested. 2) For repetitive dives and/or multi-day dives within the no decompression limits, a minimum preflight surface interval of 18 hours is suggested. 3) For dives requiring decompression stops, a minimum preflight surface interval greater than 18 hours is suggested.